

Get tails wagging with these delicious, simple, plant-based recipes.

## Frozen carrot and apple pupsicles

### INGREDIENTS

**3 carrots, peeled and chopped**

**1 large apple peeled and chopped (discard seeds and core)**

**½ cup water**

### METHOD

1. Blend the chopped carrots, apple slices and water together until smooth.
2. Spoon the mixture into ice cube trays or molds.
3. Place in the freezer until frozen solid.

## Sweet potato dog treats

### INGREDIENTS

**200 grams rolled or quick oats**

**100 grams cooked sweet potato (skin removed)**

**2 tablespoons olive oil**

**¼ cup water**

### METHOD

1. Grind oats in a food processor. Can use oat flour instead!
2. Add the cooked sweet potato, olive oil and water, and mix until well combined.
3. Roll out your mixture with a rolling pin (dough should be 1/4-inch thick).
4. Cut into shapes—we love bone-shaped biscuit cutters!
5. Lay them out on an oven tray covered with baking paper.
6. Bake at 180 C for 20 minutes or until the treats are dry and hard.
7. Let cool before serving!



Go to [hsi.org/pawparty](https://hsi.org/pawparty) to find out more

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