2026

Hidden Eggs:

Poland

Humane World for Animals™

Formerly called
Humane Society International

Poland's cage-free transparency index: Emerging

Poland achieved an overall cage-free transparency index of 48, placing it in ● **Band 5: Emerging transparency**. The combined eight-country sample achieved an index of 54, placing it in ● **Band 6: Moderate transparency**. This indicates that transparency in the assessed Polish market contexts was below the average observed across the eight-country sample.

Poland	48	Emerging transparency	Band 5
Eight-country sample	54	Moderate transparency	Band 6

Mayonnaise leads on transparency

Transparency differed substantially between product categories. Of the three categories assessed, mayonnaise achieved the highest cage-free transparency index in Poland, reaching ● **Band 7: Good transparency**, followed by dried egg pasta in ● **Band 5: Emerging transparency** and biscuits in ● **Band 4: Limited transparency** .

Poland scored below the eight-country sample in all three categories. The largest gap was for dried egg pasta (41 versus 56). Biscuits had limited transparency in both Poland and the eight-country sample, while mayonnaise was the strongest category in Poland and in the eight-country sample.

Cage-free transparency index by product category:

Poland compared with the eight-country sample

Mayonnaise	Poland	63	Good transparency	Band 7
	Eight-country sample	72	High transparency	Band 8
Dried egg pasta	Poland	41	Emerging transparency	Band 5
	Eight-country sample	56	Moderate transparency	Band 6
Biscuits	Poland	33	Limited transparency	Band 4
	Eight-country sample	36	Limited transparency	Band 4

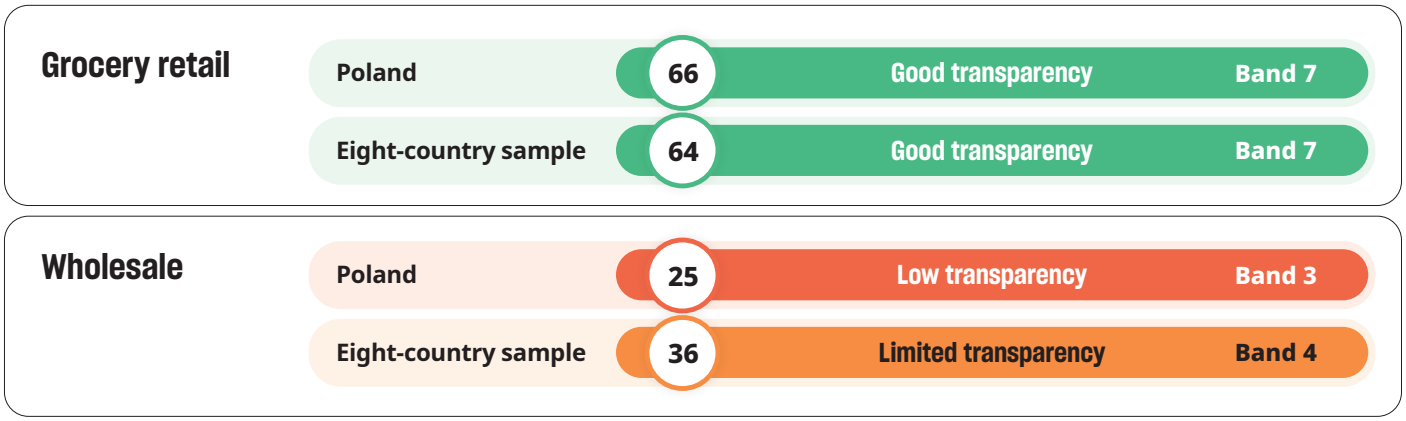
Wholesale markets lag behind grocery retail

Across the sample of products assessed, products evaluated at grocery retail achieved a substantially higher cage-free transparency index than products sold at wholesale markets in Poland. Retail market contexts achieved ● **Band 7: Good transparency**, compared with ● **Band 3: Low transparency** for wholesale market contexts.

Poland performed slightly above the eight-country sample in grocery retail (66 versus 64), but below it in wholesale (25 versus 36). Within Poland, the difference between grocery retail and wholesale was 41 index points.

Cage-free transparency index by sales channel:

Poland compared with the eight-country sample



Food manufacturers apply disclosure inconsistently

Several food manufacturers assessed disclosed the egg production system on some products but not on others. These differences occurred within individual brands, across sub-brands and wider manufacturer portfolios, and between sales channels. Even food manufacturers with a public cage-free commitment did not consistently disclose the production system on product packaging.

Examples of inconsistent disclosure by food manufacturers with cage-free commitments covering eggs used in processed foods:

Inconsistent disclosure across product categories

MASPEX

DRIED EGG PASTA

Lubella

Free-range eggs disclosure



MAYONNAISE

Fruktus

No disclosure





Inconsistent disclosure across sales channels

GROCERY RETAIL

Barn eggs disclosure

Motyl Majonez Stołowy





WHOLESALE

No disclosure

Motyl Majonez Stołowy





Inconsistent disclosure across countries of sale and products

POLAND

Winiary Majonez Dekoracyjny

Barn eggs disclosure



GERMANY

Thomy Mayo

Free-range eggs disclosure



POLAND

Winiary Majonez Lekki

No disclosure







Polish consumers are ready for change

88% of Polish people consider protecting the welfare of farmed animals important.

88% of Polish people believe farmed animals should have enough space to move around, stand up and lie down.

39% of Polish people look for animal-friendly production labels when purchasing food.[1]

Scope note

The results measure disclosure, not verified sourcing. Non-disclosure does not establish whether caged or cage-free eggs were used. The findings are based on a non-random sample of assessed products and market contexts and should not be interpreted as representative of the entire Polish or EU processed food market.



RONALD WITTEK/GETTY IMAGES; OLIVER STREWE/GETTY IMAGES

Policy recommendation

Extend the EU farming method labelling framework for shell eggs to include eggs used as ingredients in processed foods. This would make comparable information available to Polish consumers and wholesale buyers across domestic and imported products.

Access the full Hidden Eggs 2026 report, methodology and list of assessed outlets, food manufacturers and brands at *www.humaneworld.org/hiddeneggs*.

[1] European Union. *Eurobarometer. Attitudes of Europeans towards animal welfare. Special Eurobarometer 533.* https://europa.eu/eurobarometer/api/deliverable/download/file?deliverableId=88297. Accessed: July 25, 2026.

Our mission

Together, we tackle the root causes of animal cruelty and suffering to create permanent change.

With millions of supporters and work happening in over 50 countries, Humane World for Animals—formerly called Humane Society International—addresses the most deeply entrenched forms of animal cruelty and suffering. As the leading voice in the animal protection space, we work to end the cruellest practices, care for animals in crisis and build a stronger animal protection movement. Driving toward the greatest global impact, we aim to achieve the vision behind our name: a more humane world.

Humane World for Animals™

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