

Italian summer bean salad

by Leslie Durso

This Italian Summer Bean Salad is one of my favorite recipes to make when I'm in Italy in the summer, on the Amalfi Coast. It's simple, fresh, and you can practically taste the sunshine! It's perfect for lunch, the beach, or sharing with friends. Best of all, it's a delicious way to celebrate Beansday and help create a kinder world for animals, one meal at a time.

Ingredients

2 cans cannellini beans, drained and rinsed
1/2 medium purple onion, diced
1 1/2 cup cherry tomatoes, halved
1/2 cup sun-dried tomatoes packed in olive oil, sliced
1 tbsp dry oregano
5-6 leaves of fresh basil, torn
4-5 tbsp extra virgin olive oil
1/4 tsp salt

Instructions

Place all the ingredients in a large bowl and gently fold together. This dish is delicious the day of, but even yummier after a few hours or overnight in the fridge.